

## Lincoln County Resources

**Name Of Organization :** LINCOLN COUNTY EXTENSION - CENT\$/BLE NUTRITION PROGRAM (AFTON}

**Phone No :** (307) 885-3132

**Email :** sheap@uwo.edu

**Address :** PO Box 309 Afton, WY 83110

**Brief Description Of Services :**

WEB SITE: <https://woextension.org/lincolncounty/>

COST: None if you are eligible for the program

ELIGIBILITY: Low-income families

FAX: (307) 885-9432

CONT ACT : Shelley Balls

LOCATION: 150 S. Washington Street, Afton

SERVICES: The Cent\$ible Nutrition Program provides fun, hands-on classes that teach participants how to eat better for less. The classes include new cooking methods, food safety, learning to read food labels, deciding if foods are healthy, menu planning, saving money at the grocery store, etc. Class times vary to fit the client's needs and young children are welcome.