

Lincoln County Resources

Name Of Organization : LINCOLN COUNTY EXTENSION - CENT\$/BLE NUTRITION PROGRAM

Phone No :

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Address : 215 State Hwy 233 Suite B Kemmerer, WY 83101

Brief Description Of Services :

WEB SITE: <https://wyoextension.org/lincolncounty/>

COST: None if you are eligible for the program

ELIGIBILITY: Low-income families

CONTACT: Beth Barker

SERVICES: The Cent\$ible Nutrition Program provides fun, hands-on classes that teach participants how to eat better for less. The classes include new cooking methods, food safety, learning to read food labels, deciding if foods are healthy, menu planning, saving money at the grocery store, etc. Class times vary to fit the clients' needs and young children are welcome.